



Dear Parent/Guardian/Student:

The North Carolina Virtual Public Schools (NCVPS) offers several course options related to health and physical education for students. The **three course options** are: **Health Education, Fitness-Physical Education, and Health and Physical Education.**

The first course option taught by the North Carolina Virtual Public Schools (NCVPS) is **Health Education**. This course is aligned with the Department of Public Instruction's North Carolina Standard Course of Study (NCSCOS).

The **Health Education** course is offered as a **(.5) half credit** course. We at NCVPS recognize parents as the primary health educators and respect parents who choose to present this subject matter to their children themselves. However, we also recognize some subject matter is sensitive to parents, and they may prefer for this information to be presented by health professionals. A demo course has been set up so you can review the content taught in the Health Education course.

To access the Demo Health Education course, go to: <https://ncvps.instructure.com/courses/1569>
Login with the **User ID: healthful_living** and **Password: physical**. If your child is enrolled in the **Health Education** course, a **permission form is required** and needs to be kept on file at the school **NOT** NCVPS. **See Page 2.**

The second course option taught by the North Carolina Virtual Public Schools (NCVPS) is **Fitness - Physical Education (P.E.)** This course also is aligned with the Department of Public Instruction's North Carolina Standard Course of Study (NCSCOS). The **Fitness-Physical Education** course is offered as a **(.5) half credit** course.

One of the requirements of the P.E. course is for the student to submit **10 – 15 (30 second) videos** as evidence of mastery of skills presented in the course content. NCVPS wants to make parents/guardians aware of this requirement and request written permission for their child to submit the videos. Also, if your child is unable to video themselves, this form allows authorized school personnel permission to video your child demonstrating the skill. For your convenience, directions on how to upload videos are found in the Demo Health Education course. The school will be responsible for supporting students enrolled in the P.E. courses to ensure students are able to successfully submit videos. If your child is enrolled in the **Fitness - Physical Education (P.E.) course**, a **permission form is required** and needs to be kept on file at the school **NOT** NCVPS. **See Page 3.**

NCVPS also offers a **Health and Physical Education (1 credit) course**. The (.5) half credit Health Education course (.5) half credit Fitness-Physical Education course make up this (1 credit) course. If your child is enrolled in the **Health AND Fitness-Physical Education (1 credit)** course **two permission forms** are required. Please complete both the **Health Education** found below on **Page 2** and **Fitness - Physical Form** located below on **Page 3**. These forms need to be kept on file at the school **NOT** NCVPS

- To see information about these three courses to include the course descriptions go to:
 - **NCVPS Web site** - <http://www.ncvps.org>.
 - **Look under Courses - Course Catalogue.**
 - *Then choose from the list of semesters the course title(s).*
- If you have additional questions, you may contact your child's **Guidance Counselor, NCVPS Learning Advisor** at your child's school, or **NCVPS** at (919)-513-8550.

Parental Permission Form for NCVPS Health Education Online Course

Health Education (.5 credit)

Name of Student (print legibly): _____ Student's Grade Level: _____

Name of Student's School _____ Name of School District _____

NCVPS Learning Advisor/School Counselor's Name _____

NCVPS Learning Advisor/School Counselor's Phone: (____) _____

Semester: _____ (Fall, Spring, or Summer) Year: _____

Parent/Legal Guardian's Contact Phone Number (____) _____
(Please Circle - Home or Cell Phone)

Please check below to indicate the participation of your child.

For anyone younger than 18 years old:

I give permission to the School District _____, State Board of Education/the North Carolina Department of Public Instruction to enroll my child in the NCVPS's **Health Education** online course.

For anyone 18 years of age or older:

I give permission to the School District _____, State Board of Education/the North Carolina Department of Public Instruction to enroll me in the NCVPS's **Health Education** online course. I am over 18 years old and provide my consent.

For either:

I do NOT give permission for my child to enroll my child in the NCVPS's **Health Education** online course. **NOTE:** *If you choose, I do NOT give permission for my child to participate; your child will not be able to take this online course at NCVPS.*

Parent's/Guardian's Signature: _____ **Date:** _____

Parent's/Guardian's Name Printed: _____

Please return this form to your child's Guidance Counselor or E Learning Advisor (ELA.) The school is responsible for keeping a copy of the permission form at the school.

The form **DOES NOT** need to be sent to the NCVPS office. The school **MUST** have a copy of the permission form before enrolling a student in the **Health Education** course.

Parental Permission Form for NCVPS Fitness- Physical Education Online Course

Fitness - Physical Education (.5 credit)

Name of Student (**print legibly**): _____ Student's Grade Level: _____

Name of Student's School _____ Name of School District _____

NCVPS Learning Advisor/School Counselor's Name _____

NCVPS Learning Advisor/School Counselor's Phone: (____) _____

Semester: _____ (Fall, Spring, or Summer) Year: _____

Parent/Legal Guardian's Contact Phone Number (____) _____
(Please circle - Home or Cell Phone)

Please check below to indicate the participation of your child.

For anyone younger than 18 years old:

- I give permission my to the School District _____, State Board of Education/the North Carolina Department of Public Instruction to make videos of my child. Further, I authorize their use without inspecting or approving the finished product or its specific use.

For anyone 18 years of age or older:

- I give permission to the School District _____, State Board of Education/the North Carolina Department of Public Instruction to make videos of me. I am over 18 years old and provide my consent to use the images as described above.

For either:

- I do NOT give permission for my child to be included in any media whatsoever. **NOTE: If you choose, I do NOT give permission for my child to be included in any media whatsoever; your child will not be able to take this online course at NCVPS.**

Parent's/Guardian's Signature: _____ **Date:** _____

Parent's/Guardian's Name Printed: _____

This form allows you as a parent/guardian to choose whether or not your child may appear in any of these various media formats and illustrations used by NCPVS. Please return this form to your child's Guidance Counselor or E Learning Advisor (ELA.) The school is responsible for keeping a copy of the permission form at the school.

The form **DOES NOT** need to be sent to the NCVPS office. The school **MUST** have a copy of the permission form before enrolling a student in the **Fitness-Physical Education** course.